



BHH Announcements – November 2023

Calendar of Events

- **November 1** – Council Meeting, 10am (via Zoom)
- **November 8** – General Meeting, 10am (Animales Event Center, Alto Boquete, and via Zoom) – Volunteer Discussion with **Dr. Rod Gottula** – "We Want Your Feedback! Help Shape the Future of BHH!"
- **December 6** – Council Meeting, 10am (Big Daddy's and via Zoom)
- **December 13** – Volunteer Appreciation Lunch, details TBD (no general meeting will be held)

PLEASE NOTE: *Unless otherwise specified, general meetings are held in person at the Animales Event Center in Alto Boquete and Council meetings are held at Big Daddy's and via Zoom.*



Join Us for the November General Meeting and Help Shape the Future of BHH

You are cordially invited to our next monthly general meeting on Wednesday, November 8 at 10am at the Animales Event Center in Alto Boquete. You may also attend via Zoom by clicking [here](#). The Meeting ID is 849 9109 6207. This will be different from our usual meetings in that we will be soliciting suggestions from the public as to where we should focus our energies.

Are you passionate about delivering hospice and palliative care in Panama? Do you have ideas for how BHH can improve our services and reach more people in need? This will be a great opportunity to share your thoughts.

We'll be putting our current services under the microscope and discussing how we can make them more organized and efficient. Our Community Outreach group has been making a big push to get the

word out to the Panamanian community about our services—how can we improve those efforts? There also appears to be a new emphasis in Chiriquí to improve the province's palliative care system. How can we collaborate with others to maximize the services available to the local community?

We'll also take a broader look to the future as we develop our three-year plan. What services do we want to keep providing? Are there any we wish to discontinue? Do we want to develop any NEW programs?

Your input is invaluable to us, so please come and share your ideas. If you cannot attend in person or via Zoom, feel free to send your thoughts directly to our president at rodgottula@gmail.com. If received in time, they will be included in the meeting discussion.

Together, we can chart a future for BHH that benefits everyone in our community. Thanks to all of you for your dedication to BHH, and we hope to see you at the November meeting!



October 21 Blood Drive Results Second-Highest Ever

Our blood donor heroes donated 69 pints of blood at the October 21 Blood Drive. It was the second most successful blood drive in BHH history. Because each pint of blood helps three people, 207 patients will benefit and perhaps their lives will be changed.

Our heartfelt thanks from BHH and the blood bank staff at Hospital Regional Rafael Hernández to all the wonderful and generous blood donors, matching fund contributors, hospital volunteers, and BHH volunteer staff who made the drive such a success. We will provide a full report in the December newsletter. THANK YOU for giving the gift of life!

New BHH Hours are Now in Effect

We've changed our hours of operation to ensure the availability of volunteers to staff our hotline and equipment lending program.



Our new hours are:

Monday through Friday: 9am to 3pm

Saturday: 9am to 1pm

Sunday: Closed

If you need our services or have a question, please call or text via WhatsApp at +507 6781-9250. A WhatsApp text is preferable because it enables us to use translating software if necessary. If you call after hours, you will be contacted during operating hours the next day we are open. Thank you for your understanding.

**WELCOME
VOLUNTEER
(WE'RE GLAD YOU'RE HERE)**

**Welcome New
Volunteers!**

***We extend a warm
welcome to our newest
volunteers!***

Ralph Day, Gerri Eckert, Valarie Harmon, Dan Jampole, Yolanda Jiménez, and Lori Pyers-Goodwin recently joined our ranks. We look forward to working with you!



Tree of Life

Boquete Health and Hospice gratefully recognizes the names of our extremely dedicated and very generous donors on our [website](#). Their kindness keeps our Tree of Life growing and strong. A huge thank you to all of our contributors!

To Make a Donation

BHH is an all-volunteer operation supported by donations from the community. If you are interested in supporting the work we do, there are several ways to donate:

- ❖ Make a donation via our website with Visa and MasterCard, using their credit or debit cards, or by clicking the button below.
- ❖ Make a direct deposit or an electronic transfer to our bank account:
Bank name: Banco General
Account name: Boquete Hospice and Health Foundation
Account number: 04-48-96-075844-7
Account type: Savings
- ❖ Donate checks or cash directly (*all checks must be made payable to Boquete Hospice and Health Foundation*):
 - At one of our monthly Council or general meetings, at one of our blood drives, or at a BHH workshop or event.
 - At our blood pressure table in the Tuesday Market, located in the old theater at Tap Out.
 - When picking up or returning equipment at one of our storage facilities.

We greatly appreciate all donations and use them in a variety of ways to help our community.

[Please Donate](#)

Council Business



To bring a topic to the attention of the Council for consideration, please discuss it with your Team Leader, who will ask the Council Secretary to add it to the next monthly Council agenda.

Voting members of the Council are:

President – Dr. Rod Gottula

VP, Community Engagement – Natalie Kelly

VP, Operations – Kat McKay

Secretary – Lorraine Handler

Treasurer – Bill Hinrichsen

Patient Care Coordinator – Bev Tyler

Patient Care Coordinator – Denise Daniels

Patient Care Coordinator – Liz Baze

Past President – John Earle



**MEETING
MINUTES**

Council minutes are now on the BHH website at [BHH minutes](#). All future minutes will also be posted there.



The policies of the organization are posted on our website and are updated as needed at [BHH policies](#).

We Respect Patient Confidentiality

All patient information shared with any Boquete Health and Hospice volunteer is kept in the strictest confidence. *When names are used in testimonials or other marketing materials, we have obtained permission from those mentioned.*

Contact Us

Monday through Friday: 9am to 3pm

Saturday: 9am to 1pm

Sunday: Closed

Hospice/Health: +507 6781-9250

Blood Donor Program: WhatsApp +507 6590-2000 or call +507 6781-9250

IMPORTANT NOTE: Please call or text via WhatsApp. A WhatsApp text is preferable because it enables us to use translating software if necessary.

Email: info@boquetehealth.org

Website: boquetehealth.org

Check us out and like us at: [Facebook](#), [Instagram](#), and [YouTube](#)!



Newsletter team: Natalie Kelly – Editor, Carol Jones – Proofreader. Thanks to everyone who contributed their time and talent to this issue!

Subscribe [here](#) to receive our monthly newsletter and send submissions to [BHH newsletter](#).

Freely send this to anyone or use any part.

Our mailing address is:

info@boquetehealth.org

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You can [update your preferences](#) or [unsubscribe from this list](#).

Thank you!