

September Activity Summary Boquete Health and Hospice

In the absence of a council meeting this month, this report is intended to keep us up to date on the activities for September through the team reports.

Upcoming Events:

November 6 - Council Meeting at BHH Office

November 13 - General Meeting - Jessica Bell of PhysioBoquete

November 13 - CPR Class following General Meeting

November 20 - Being Prepared Workshop - 9am at Animals Center

November 16 - Blood Drive - 7am-Noon - Animales Center

President - Roderic Gottula

Dr. Rod announced that the BHH General meetings will be in the Boquete library starting in January 2025.

Ambassador Team

We are still looking for a team lead. I have been working with the volunteers to help with the General meetings and the Thursday market. Eileen has been doing most of the Thursday markets by herself and she needs a break. Please consider helping out one Thursday. It's a great way to spread our mission and have some fun meeting new people .

Medical Director - Shannon Lynn Tuer MD

Rainy season is here and with it comes allergies , especially for those allergic to mold . As soon as it rains there is a release of mold spores. In order to combat those allergies it is recommended to clean floors and walls once a week with a diluted solution of bleach. Try not to dry clothes outdoors, or if you do dry them out doors make sure you put them in the dryer to kill any allergens . This is especially important with any bedding .

Also, flu and colds are still going around as well as gastroenteritis, protect yourself by using good hygiene eating right and getting enough sleep. If you are able to, make sure you are up to date on your vaccine.

Blood Team - Carmen Restrepo and Laurie Collier

There is no activity to report for the Blood Team for September.

The blood team has been working to arrange the next Blood Drive on Saturday, November 16th at the Animales Center.

Community Outreach - Lesley Hughes

September saw the team begin visits to clinics/doctors/labs due to the fact that several team members will be away in October. Dania visited 4 doctors and 2 labs. Maria, Liz, Luis, Sylvana and Lesley will complete the visits during early October.

Two meetings of the members interested in the scholarship project will be held in October to present our requests to the Council at the November meeting.

Education Team Report - Kat McKay

Being Prepared - Charlotte Lintz -

The next class will be held on November 20th at 9AM at the Animales building. The last one for the year. New booklets are being printed and will be for sale soon.

CPR Team - Bob and Kelly Honyak

The Next CPR Class will be at 11:30 immediately following the general meeting November 13th.

Training- Kat McKay

No volunteer training currently scheduled - Kat is working on a 1 to 1 training protocol.

Equipment Team - Kat McKay/Sally Z/Cat Vann

Overall a quiet month. The bed team went down to one bed again. At this moment there are two beds in the storage.

Checkouts- 17, 5 Panamanians and 6 EXpats

Returns- 9, 4 EXpats and 3 Panamanians

Parts were ordered to repair one wheelchair, 12 more disposable mattress covers were ordered.

Respiratory - Bill Haldeman - No Report

Events and Fundraising - Jeanie Miller V.P.

The Wine Tasting was not only a fun event, it was a very successful fundraiser. It raised \$4,270 which beat the goal by \$2,460. Thank you to everyone who helped to make it happen.

Financial Report - Bill Hinrichsen

See attachment

Hospice and Home Care -Team leader Valerie Harmon

Valorie made 15 visits for the month of September. One new client and no deaths.

Mental Health Initiative - John Earle and Dr. Rod

Suicide Hotline - John Earle, Dan Gallagher

The new suicide hotline is operational 8am to 4pm daily.. The number is 507-6428-6595. It is posted on the BHH website. We are also beginning to post on other sites. Noticias is kindly allowing us to post twice per month rather than just once.

Music Team - Art Belvins

The Magic of Music Team has no report for the month of September.

PCC Summary Aug 29/24 to Sept 30/24

Total Calls: 82

Deaths: Panamanian _2_ Expat _____

Hospice Cases referred to Assessment Team: Panamanian _1_ Expat _1_

Health Support Requests: Panamanian __0__ Expat 0

Any requests denied and reason _____

Blood Requests (that came through the PCC) 0

Donations (that came through the PCC) 0

General Inquiries

- saw pamphlet and is asking if we still need volunteers
- looking for phone numbers for 2 of our volunteers
- looking for work - sent references
- calls from people looking for Being Prepared Manual
- Asking for a doctor in Boquete who would give treatments IV
- Caregiver very stressed, complicated situation
- Asking for list of nursing staff for hire
- Someone wanting to volunteer

Equipment Calls: Panamanian __13__ Expat ____18____

Equipment Denied & Reason _____

- 3 Requests for beds - denied as need is long term
- One bed needed repair
 - Wanted a neck collar - we don't have
 - Wanted hand exerciser
 - Pampers
 - Nebulizer - we don't stock them

Meal Requests 1 The request went over and above what we normally do. We had to step in and correct the situation.

Music Requests _____0____

Friendship Baskets delivered _____0_____

Social Media - No Report

Presentation Coordinator - Team Leader Needed

OCTOBER 9: Lyn Bishop - Decadent Delights, Nourishing your Body and Soul- Excellent presentation. Delicious samples.

NOVEMBER 13th: Jessica Ball - PhysioBoquete, Physiotherapy

Technology Team - Chris McCall

Newsletter, some coding, equipment check-in/check-outs and some equipment labels, some flyers and time with stepson.

Volunteer Coordinator - Kat McKay

We have received several new applicants. I am setting up times to meet with them. Liz Baze has been very helpful meeting with some while I am away.

